



Exclusive Offer for Contributing Members of the VIC Staff Associations/ Unions

The health Institute MOMENTUM would like to offer the
Contributing Members of the VIC Staff Associations/Unions

10% OFF ON OUR EXCLUSIVE 3-MONTH'S STARTER-PACKAGE

instead € 457, - exclusively for Contributing members for only € 411, -!
The offer includes subscription fee and our special supporting package
with your tailor- made exercise plan and 2 personal training sessions.



Exclusive exercise programs

Are you also tired with loud and crowded studios? Is it important for
you to be sure to do the right thing with your exercises?

**Every person is different,
so why not also your exercise plan?**

Joining us offers you many advantages

- Qualified sports scientists and health trainers, who accompany
you and are there for support all the time
- Your training plan is fully tailored to your goals and needs and
includes medically proven training units
- As we use special, medically proven, training equipment, they
are also suitable for people with movement restrictions and joint
problems
- In our quiet, friendly and pleasantly air-conditioned ambience,
everyone feels very comfortable
- There is always a lot of space available for your exercises and we
provide constantly fresh air (we have 62 windows!)



Please contact:

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Opening hours:

Monday – Friday 07:00 – 21:00,
Saturday 08:00 – 18:00, Sundays
and bank holidays closed