PERFORMANCE BASED
REFORMER sessions
PILATES

Book your session

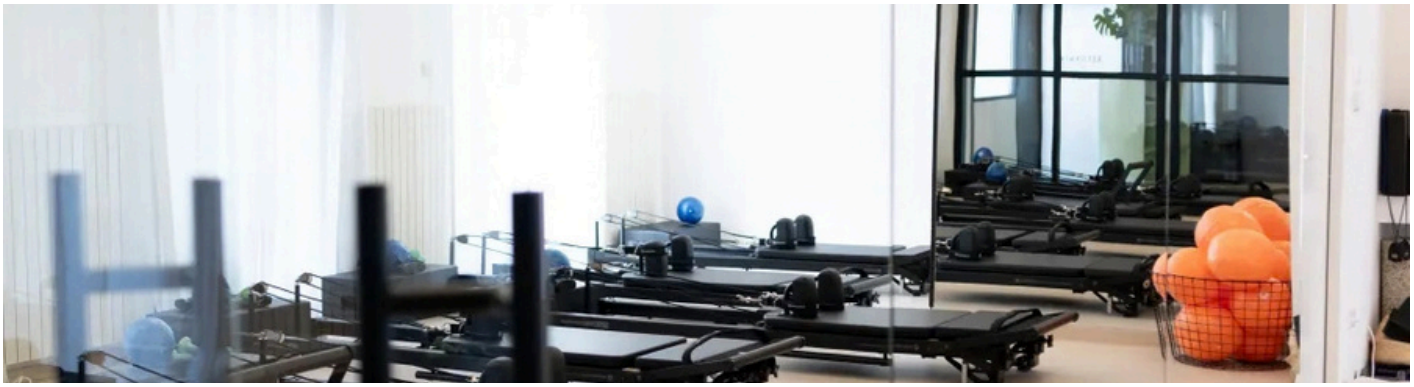
reformersessions.at

10% for UN staff Reformer Sessions



As a STOTT PILATES® Academy, we carry an international quality seal that stands for Pilates at the highest level, from your first class to full instructor certification

This is an exclusive offer for contributing members of the VIC Staff Associations / Unions.



YOUR CODE

Write an email to hello@reformersessions.at from your UN address to receive 10% on memberships and 5 or 10 session packs.

INTRO OFFER

First 3 sessions for €59

New clients, all three studios.

Why Reformer Pilates?

Gentle but effective

No jumping, no impact.
Controlled movement

Every age

From your first job to retirement.
Every exercise is adapted to you.

No pressure to perform

Your pace, your level. Come as you are.

Fits your working day

Before work, at lunch or after. 55 minutes.

Your first session?

Not been active for a while? That is exactly what Reformer Pilates is made for. Arrive ten minutes early and let us know if you have any injuries. Your instructor demonstrates every exercise and adapts it to you. Showers, hair ties and deodorant are available. Grip socks are needed for the session and you can buy a pair from us at the studio.

REFORMER PILATES / VIENNA

Our sessions.

ALL LEVELS · GREAT FOR BEGINNERS

Reformer Sessions

For beginners and anyone who wants an effective, joint-friendly full-body workout. Every age, every level.

INTENSIVE · NEXT LEVEL

Reformer Sessions +

For anyone with experience who wants more of a challenge. Same guidance, more intensity.





Why Reformer Sessions?

55 minutes

Every session is focused and effective.

Up to 8 people

Small groups, so there is time for you.

STOTT Academy

We are a STOTT Pilates Academy the gold standard in education

English and German

Every exercise is demonstrated, you simply follow along.

How it works

1. Write an email to hello@reformersessions.at from your UN address
2. Choose a membership or a 5 or 10 session pack
3. Enter UN10 at checkout on Eversports, done

10% on memberships and 5 or 10 session packs. Every pack, single ticket and membership is valid at all three studios, simply pick your location when booking on Eversports.

Three studios, one price

Nestroyplatz

Cosy, in a Viennese Altbau. Weintraubengasse 9, 1020 Vienna

Donau City

Modern, floor-to-ceiling windows. Donau-City-Straße 4, 1220 Vienna

Q19 Döbling

Historic 165 years old paper factory, 2 hour free parking on site. Kreilplatz 1, 1190 Vienna

FOR YOUR TEAM

Eight of you at the office?

Bring eight colleagues together and we will gladly open a dedicated session for you. Mixed group, every level, just among yourselves. Simply send us an email

"Instructors incredibly helpful and sweet."

Zuzana, Eversports review · 4.8 out of 5 from 179 reviews

Questions?

Not sure which instructor is right for you?
Email us at hello@reformersessions.at, we are happy to help and reply quickly.

Book your session

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