

## Exclusive Offer for contributing members of the VIC Staff Associations/Unions



### Mag. Anita Kohlheimer-Dörflinger

English-speaking psychotherapist in advanced training and supervision (Systemic Therapy)



Life often presents us with unexpected challenges and difficult situations. To face these life changes and crises we require more strength than we have. The aim of psychotherapy is to ease emotional distress, to help during life crises, help change behaviour and attitudes, and encourage personal development and health.

#### Psychotherapy can help you

to cope again with day-to-day life, to stay on top of work, to rediscover the joy in partnerships, relationships and children, to act and not only to react, to find a way to tap into your resources and strengths again, to experience life more mindfully and consciously again and to find more enjoyment in it.

#### Key areas of activity

Work and Career, Stress Management, School/Education, Relationship – partnership, Marriage, Family and Stepfamily, New life situations, Bi-national marriage/family and Puberty

Find further information on my homepage [www.anita-kohlheimer.at](http://www.anita-kohlheimer.at) Or call me directly for an appointment: +43 699 19249217

My practice can be reached easily by public transport or by car. Karl Waldbrunner Platz is situated close to Floridsdorf station (U6 underground and local railway/Schnellbahn – just 2 minutes' walk)

**Your first two consultations will be FREE of charge! 15% discount on all subsequent sessions (59 € instead of 70 €).**