

*Bauernmarkt 18,  
1010 Wien*

Your special place for health & lifestyle

**FITNESS & NUTRITION  
BEAUTY & HEALTH**

 **soundcycle**  
urban indoor cycling studio

**NutriMove**

nutrition coaching/EMS personal training

**Amazonia**

waxing studio/natural cosmetic treatments

**Stefan Macek, Akad. Sport- & Fitnesstrainer / Nutrition Coach**

**0676 - 9 777 699 / stefan@nutrimove.at / ride@soundcycle.at**

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**Leila Accioly-Macek, Dipl. Fachkosmetikerin / Brazilian Waxing Studio**

**0676 -974 34 53 / leila@amazonia-kosmetik.at**



(These offers are Exclusive for contributing  
members of the  
VIC STAFF Associations / Unions)



## urban indoor cycling studio

The perfect **fat-burning** cardio experience.

Join us for a **challenging** and **fun** ride.

Motivation, great atmosphere, wireless sound-system!

A brand **new fitness experience** for **beginners** and **professionals** alike!

**\*First Ride\*: FREE (reg. € 10)**

**\*Rider 10 Package\*: 20% OFF (reg. € 150, first purchase only)**

[www.soundcycle.at](http://www.soundcycle.at)

[ride@soundcycle.at](mailto:ride@soundcycle.at)

+43-676-9777699

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## EMS Personal Training



A **20 minute** workout with the **results of a 2 hour** training!  
**Activate** your muscles - **Shape** your body - Fight **backpain**  
-feel great and **strong**. Guided by a **professional trainer**  
with **years of experience**.

Your Trial Session: 50% OFF (reg. € 40)

**\*3 EMS personal trainings\*: 20% OFF (reg. € 150, first purchase only)**

[www.nutrimove.at](http://www.nutrimove.at)

[stefan@nutrimove.at](mailto:stefan@nutrimove.at)

+43-676-9777699

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Q2 Nutrition

## Q2 Nutrition Workshops

Enjoy 4 informative workshops with 2 nutrition experts. Learn how to select the perfect foods for your goals. Loose bodyfat, support your training, master the food-challenges of daily life, control your cravings.

**4 Q2 nutrition workshops: € 10 OFF (reg. € 99)**  
**\*Q2 cooking class\*: 20% OFF (reg. € 60, only for participants of workshop)**

*www.nutrimove.at/q2-nutrition*  
*stefan@nutrimove.at*  
*+43-676-9777699*  
*Bauernmarkt 18/10, Wien 1*



## Waxing studio & natural cosmetic treatments

  
*Amazonia*

Enjoy relaxing and effective facial treatments. Give yourself and your skin a little nourishing and refreshing break. Sugaring and Brazilian Waxing by a professional with decades of experience. Enjoy the look of summer all year round!

**\*Any facial treatment\*: 20% OFF first purchase**

**\*Any waxing/epilation\* 10% OFF first purchase**



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