# Michaela Munk **Alternative Approaches**











## DO YOU OR YOUR FAMILY SUFFER FROM:

- **Physical tension**
- Fatigue or exhaustion
- Difficulty sleeping
- Stress & burn-out
- Concentration problems
- **Learning blockages**
- Weight problems
- Irritable skin
- **Digestion problems**
- or other discomfort

### **MY ALTERNATIVE & HOLISTIC APPROACH:**



### DETOX

I create a personalised detox-programme according to your individual needs based on a thorough holistic analysis, herbal essences and nutritional factors. This supports cleanse your body of harmful substances that interfere with its natural functions.



# STRESS RELEASE & INNER BALANCE

All kinds of stress can cause physical and emotional discomfort and lack of energy. I combine many techniques such as kinesiology, physioenergetics and reiki to identify and clear energy blockages related to muscles, organs and emotions. My goal is to support and maximise your body's self-regulating abilities.



## **EASY LEARNING for CHILDREN**

Support for children with focus on concentration, attentiveness, inner balance, self-confidence, combined and logical thinking, memory, motivation, creativity, attentive listening and reading.

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#### **INTERESTED AND WANT TO LEARN MORE?**



Michaela Munk

My techniques **Kinesiology Brain Gym** Dark-field microscopy **Joalis Inner Cleansing Reiki & Energy Balancing**  Please contact me (+43) 0699 1149 9661 office@munk-kinesiologie.at

Or visit my website www.munk-kinesiologie.at

Languages

German - native English - fluent

**Vienna Practice** 

Hietzinger Hauptstrasse 67/1 1130 Vienna

**Schwechat Practice** 

Hauptplatz 7/2 2320 Schwechat



Please make an APPOINTMENT by PHONE or EMAIL! 10 % DISCOUNT on all sessions for UN staff members

#### **IMPORTANT NOTICE**

The alternative sessions offered by me should not be interpreted as medical treatments, but rather a method of harmonising the human energy system. Therefore, they DO NOT replace diagnosis and treatment by a medical doctor or psychotherapist.